



Building Shared Competencies in Physiotherapy – a regulator’s perspective

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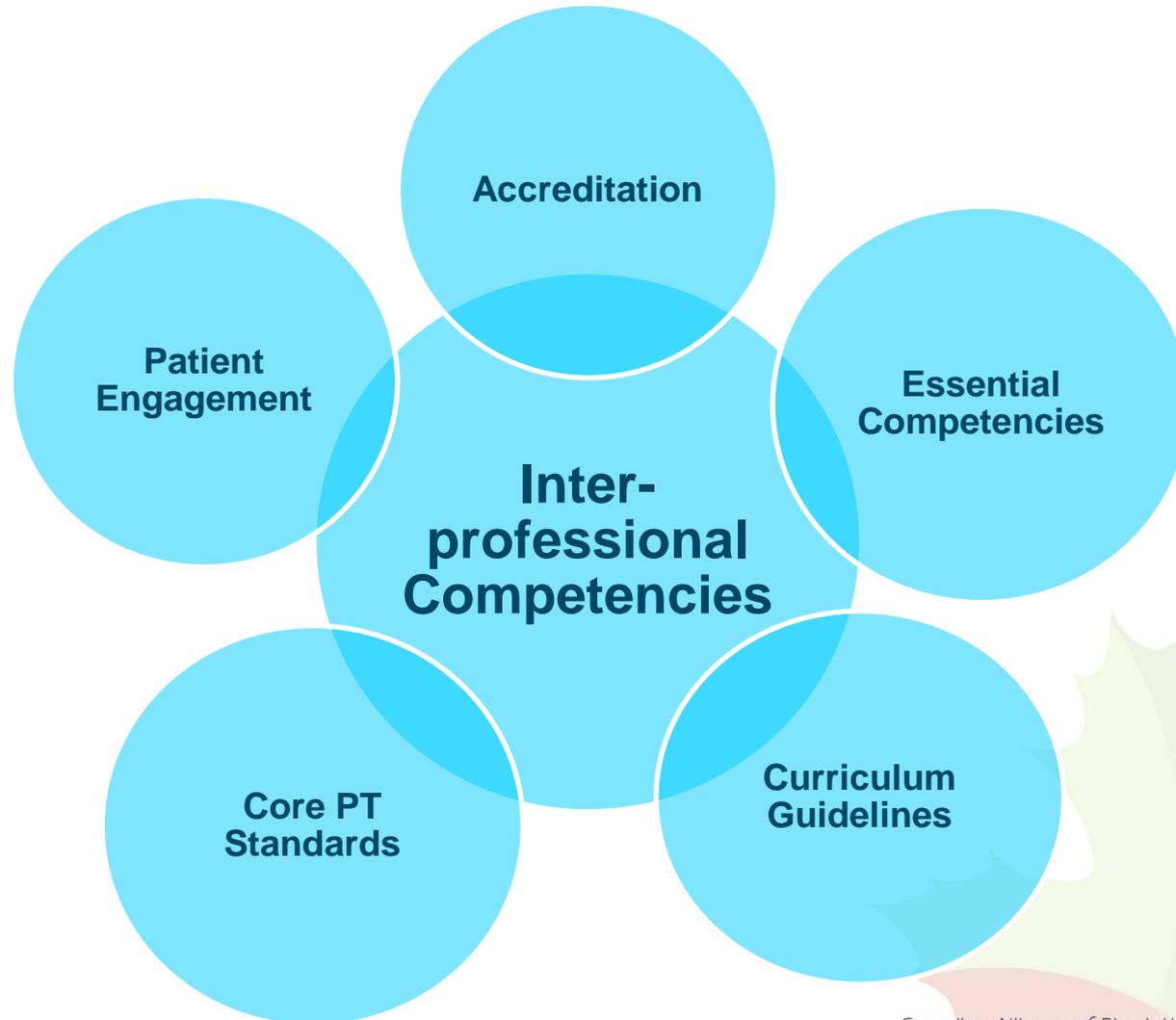


Canadian Alliance of Physiotherapy Regulators

Alliance canadienne des organismes de réglementation de la physiothérapie



Overview – building the foundation



First – some context

Here's Canada...



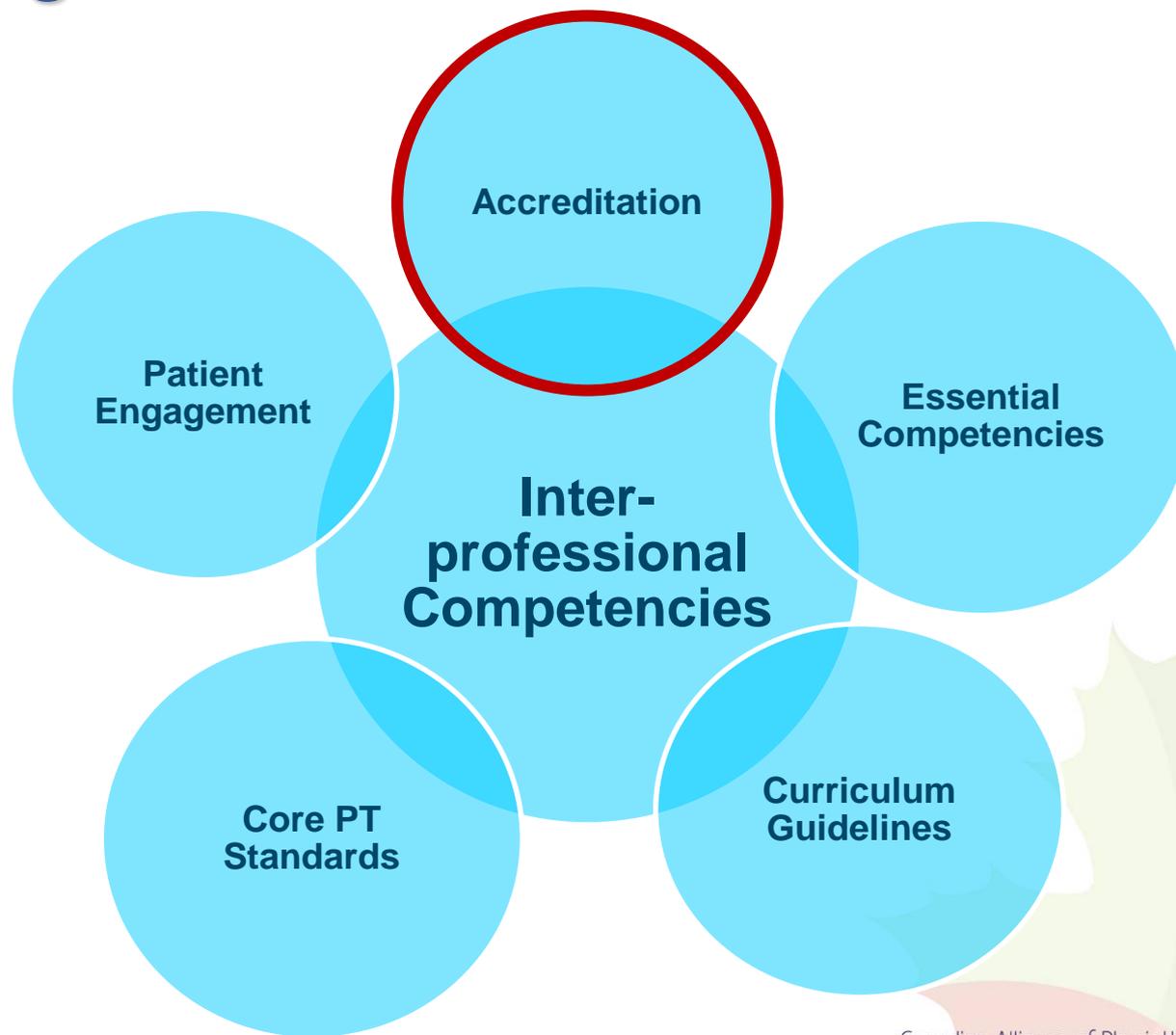


Canadian Alliance of Physiotherapy Regulators

- Registrars' Committee: policy mandate
 - includes collaboration to promote consistency in regulatory policy across all jurisdictions
 - leverage other work in Canada to support this mandate



Building the foundation





Accreditation standards

1) *Collaboration:*

The program prepares students for collaborative practice to support quality client centered care.

Establish and maintain inter-professional relationships, which foster effective collaborative practice.

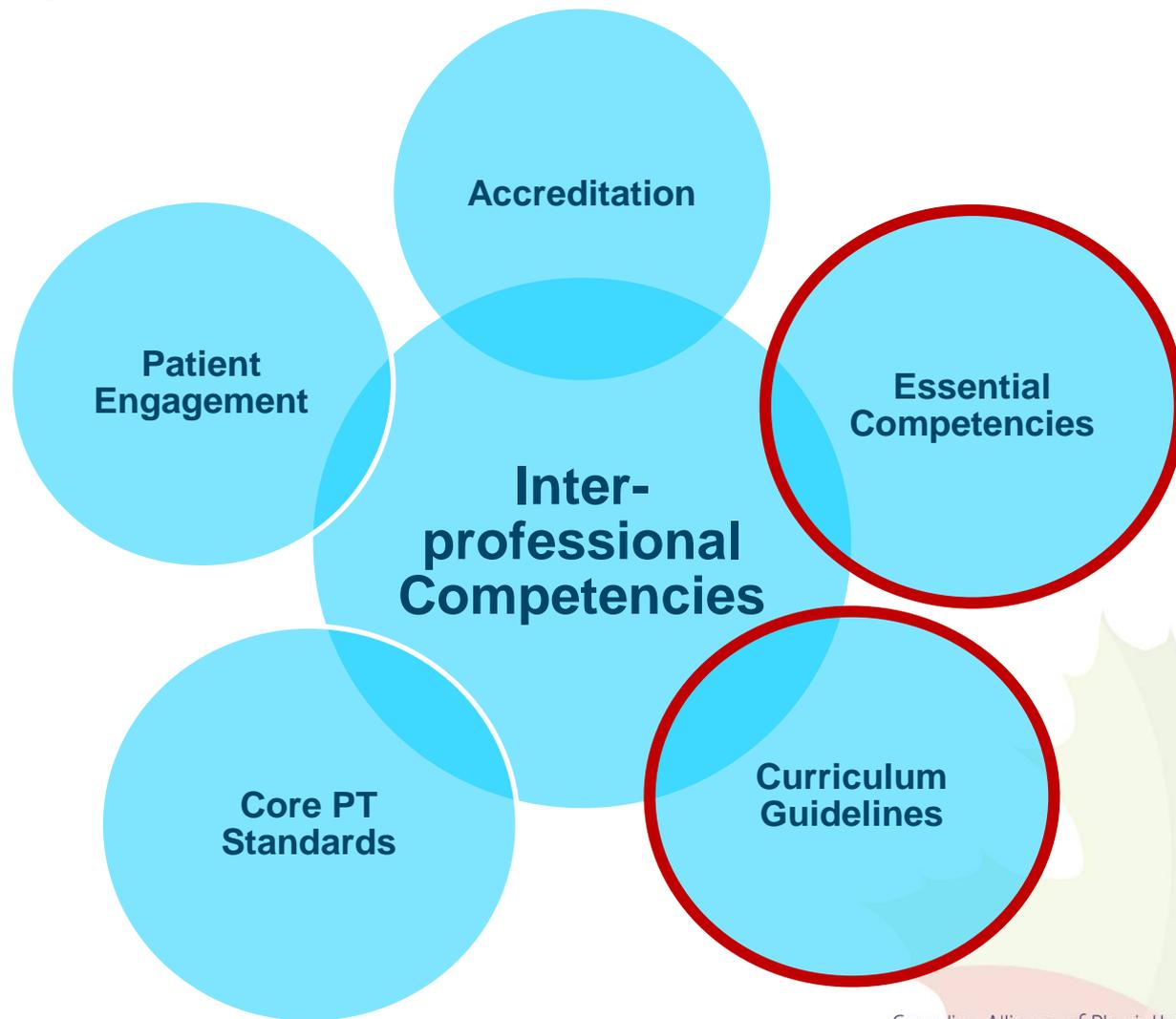
2) *Advocacy:*

The program prepares students to responsibly use their knowledge and expertise to promote the health and well-being of clients.

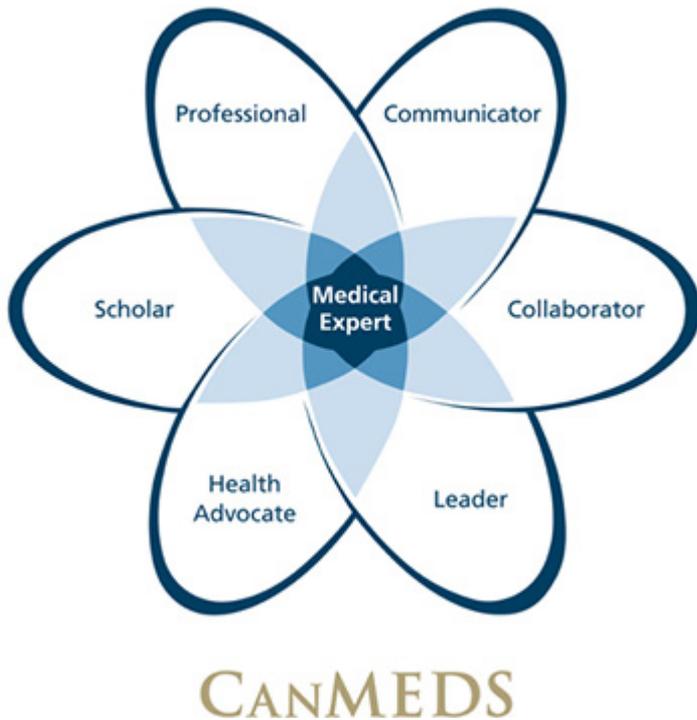
Work collaboratively to identify, respond to, and promote the health needs and concerns of clients.



Building the foundation



Essential Competency Profile



Physiotherapist Roles (2009)

1. Expert
2. Communicator
3. Collaborator
4. Manager
5. Advocate
6. Scholarly Practitioner
7. Professional

Competency Domains (2016+):

1. PT Expertise
2. Communication
3. Collaboration
4. Management
5. Leadership
6. Scholarship
7. Professionalism

(draft)



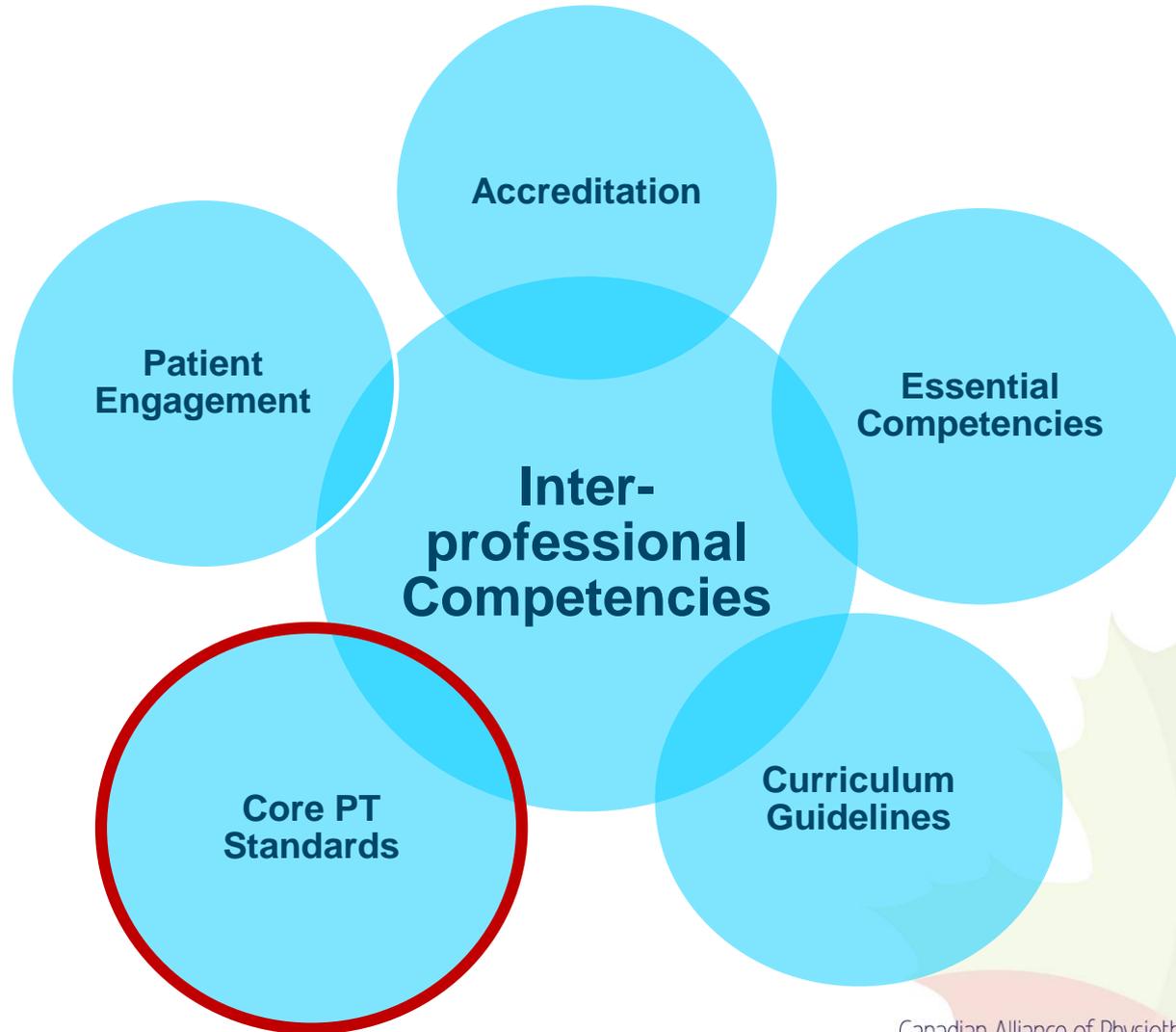
Essential Competencies

Communicator: Physiotherapists use effective communication to develop professional relationships with clients, families, care providers, and other stakeholders.

Collaborator: Physiotherapists work collaboratively and effectively to promote inter-professional practice and achieve optimal client care &

Advocate: Physiotherapists responsibly use their knowledge and expertise to promote the health and well-being of individual clients, communities, populations and the profession.

Building the foundation





Regulation: Standards of Practice

- Set out minimum performance expectations of registered physiotherapists
- 20 standards
 - Client-centred care
 - Collaborative practice
 - Communication
 - Competence



Standard: Client-Centred Care

- *The physiotherapist integrates a client-centred approach in all aspects of physiotherapy service delivery.*
- Expected Outcome: Clients can expect that they will be treated respectfully and their input will be valued, acknowledged, and integrated into all aspects of physiotherapy service delivery.



Performance Expectations

The physiotherapist:

- Treats clients in a manner that recognizes and appreciates their autonomy, uniqueness, goals, and self-worth at all times.
- **Involves clients in decision-making regarding their care, respecting their independence and right to refuse or withdraw from treatment at any time.**
- Communicates with clients to: facilitate their understanding of the care plan and how it addresses their goals; outline the risks and benefits of services; and obtain consent.
- Monitors clients' responses throughout service delivery, adjusting and modifying interventions/approaches as required, and continues to obtain ongoing consent.
- Treats all clients with compassion, respect, and dignity throughout the course of their care.



Standard : Collaborative Practice

- *The physiotherapist promotes collaborative practice with clients , health care team members, and other stakeholders to support the delivery of integrated, quality, client-centred care.*
- Expected Outcome: Clients can expect that the physiotherapist collaborates effectively with others to promote integrated client-centred care.



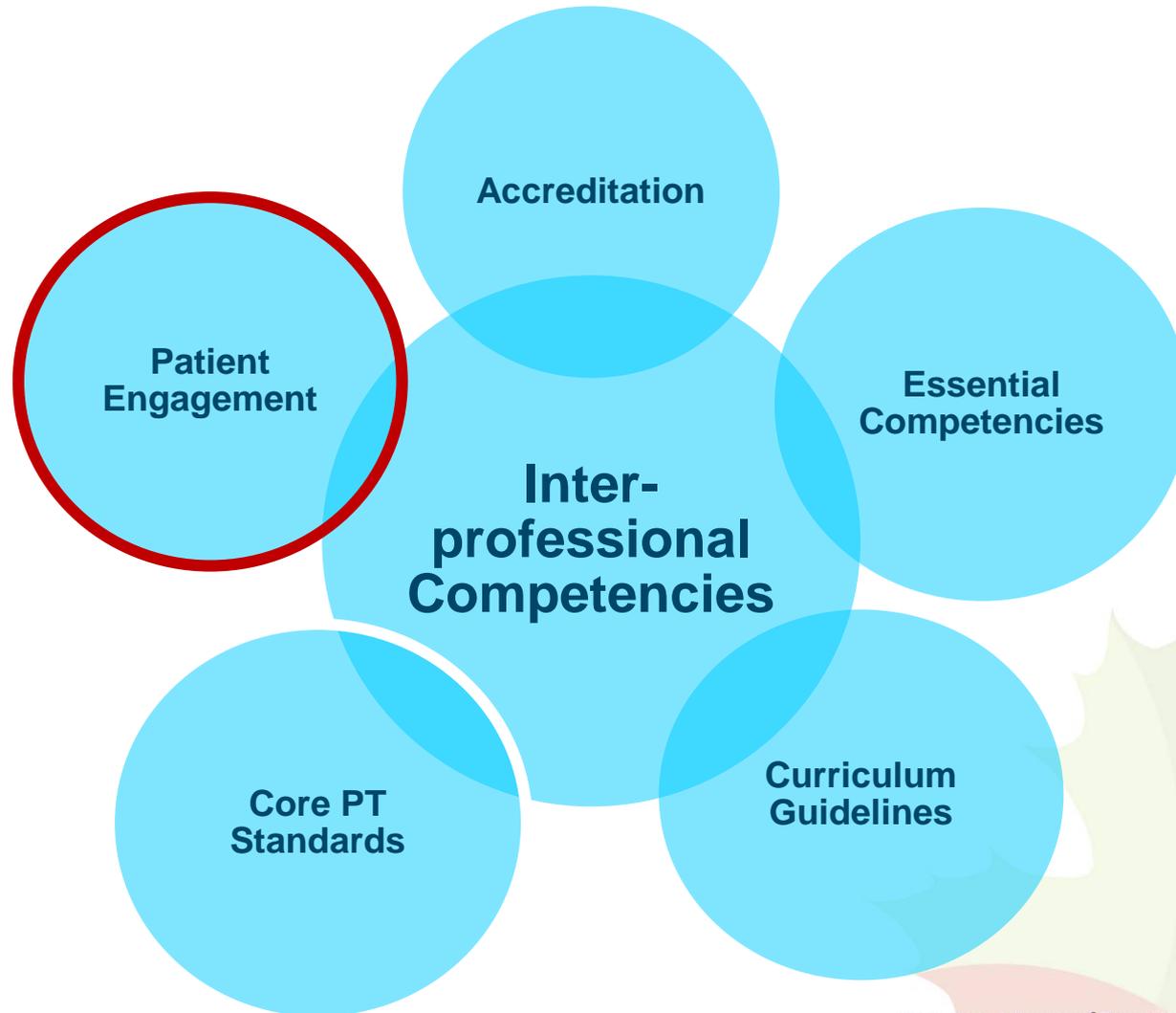
Performance Expectations

The physiotherapist:

- Works collaboratively with clients, health care team members, and other stakeholders to promote shared decision-making and integrated client-centred care.
- Uses shared leadership and conflict resolution strategies to resolve/accept differences and optimize effective team collaboration.
- Communicates effectively, obtaining consent and maintaining confidentiality with clients, team members, and other stakeholders at all times.
- Shares information with clients, team members, and other stakeholders about the roles and responsibilities of physiotherapists in client-centred care.
- Consults with/refers to the appropriate team member when aspects of clients' goals are best addressed by another provider.

IPC	Accreditation	Essential Competencies	Regulatory Standards
Collaborative leadership	Collaboration	Collaborator	Collaborative Practice
Client/patient/family /community centred care	Advocacy	Advocate/Leader	Client-centred care
Inter-professional communication Inter-professional conflict resolution		Communicator	Communication
Role Clarification		Expert	Competence
Team functioning		Collaborator, expert	Collaboration

Building the foundation





Patient Engagement

- how do we engage patients in shared decision making that supports quality of care?
- How do we know if we're making a difference?

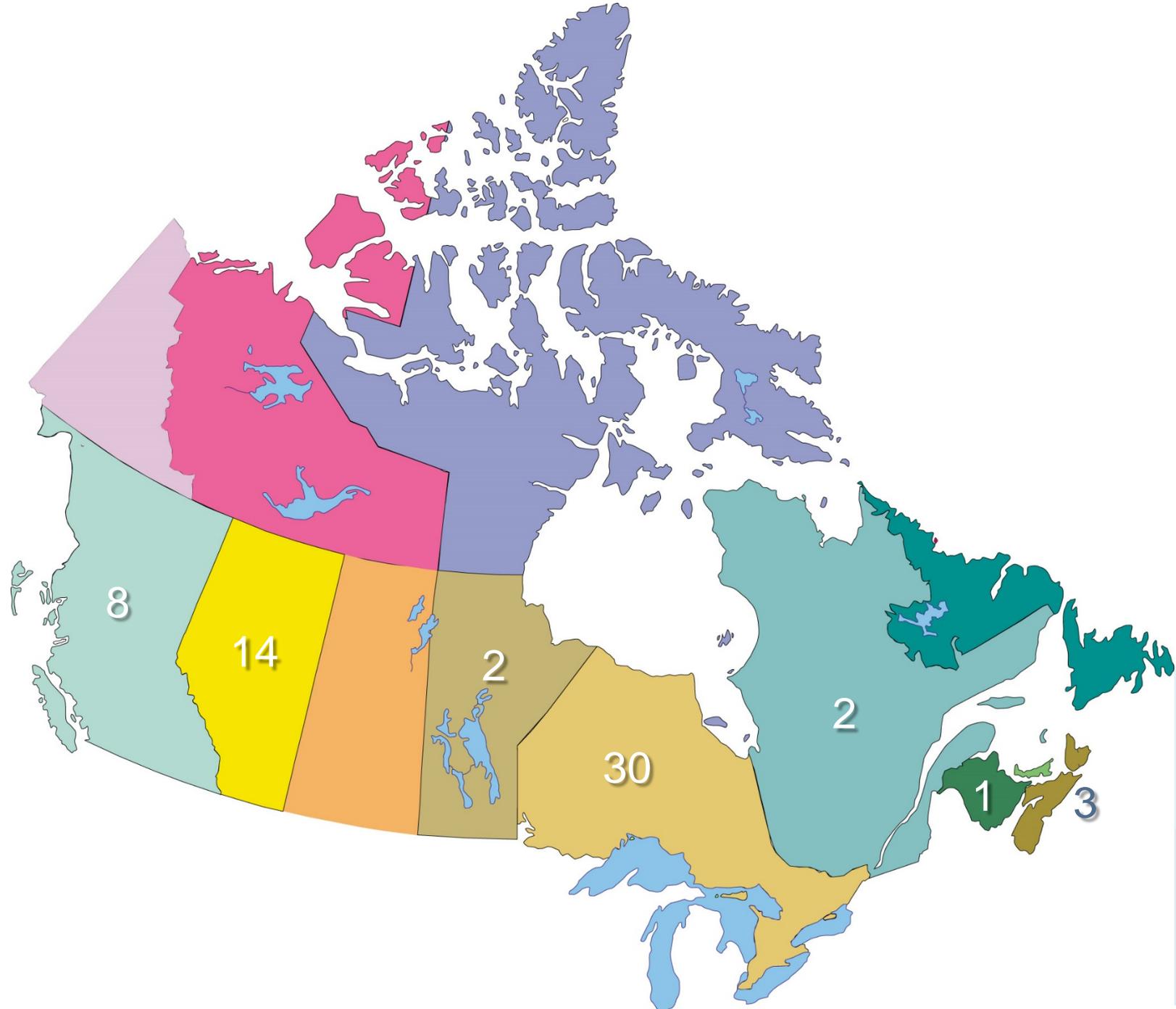


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Focus On Therapeutic Outcomes

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- Initial Functional Status
- Predicted Goal Status
- Discharge Functional Status
- Risk adjusted for specific clinical area of practice – e.g., muskulo-skeletal, general medical, pelvic floor



So in the end...

'Alone we can do so little; together we can do so much'

Helen Keller



www.alliancept.org