



# **Building Shared Competencies in Physiotherapy – a regulator's perspective**

**World Health Professions Regulation Conference**

**Geneva**

**May 22, 2016**

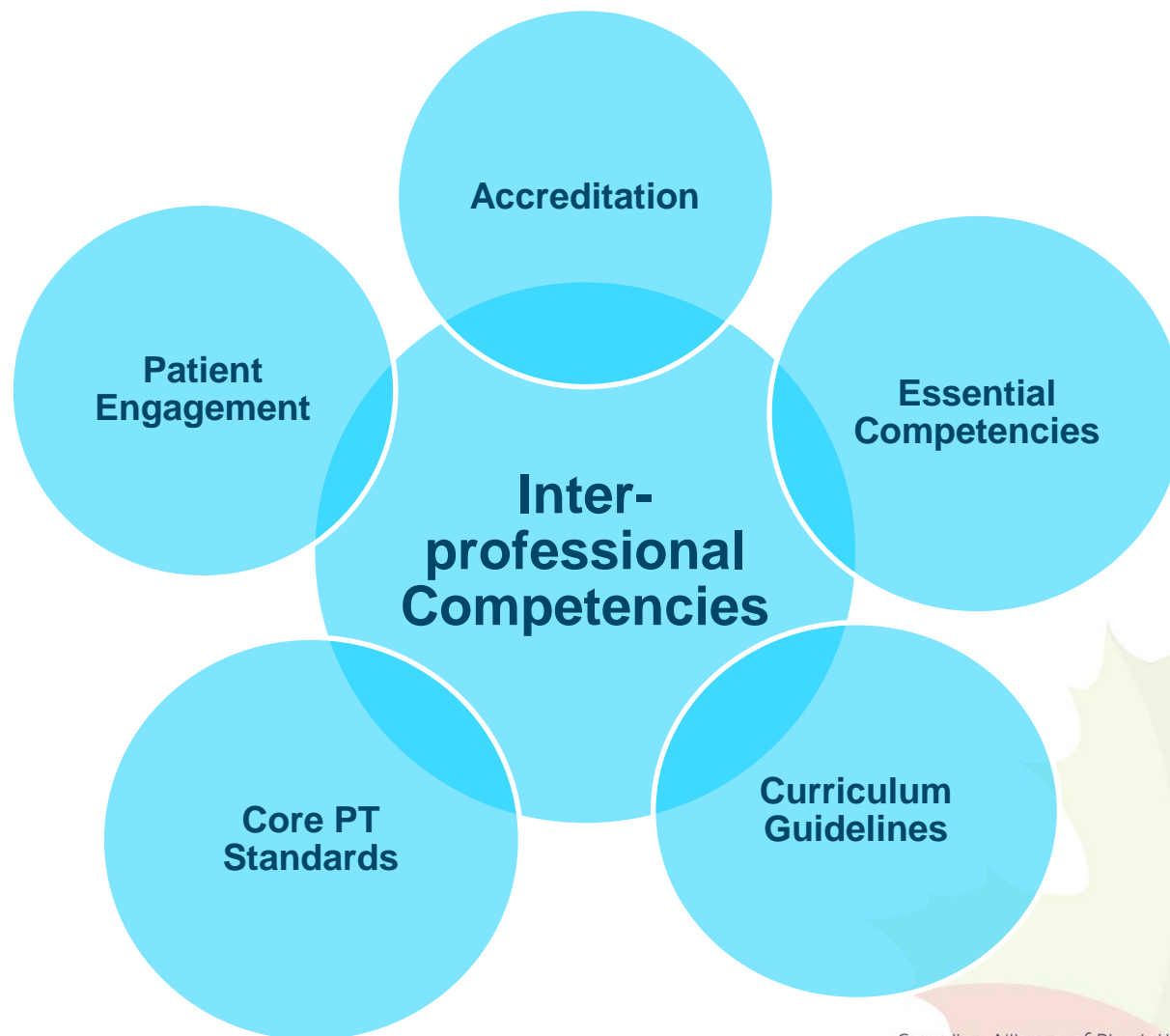
**Katya Masnyk**

**Dianne Millette**



**Canadian Alliance of Physiotherapy Regulators**  
**Alliance canadienne des organismes de réglementation de la physiothérapie**

# Overview – building the foundation



# First – some context

## Here's Canada...

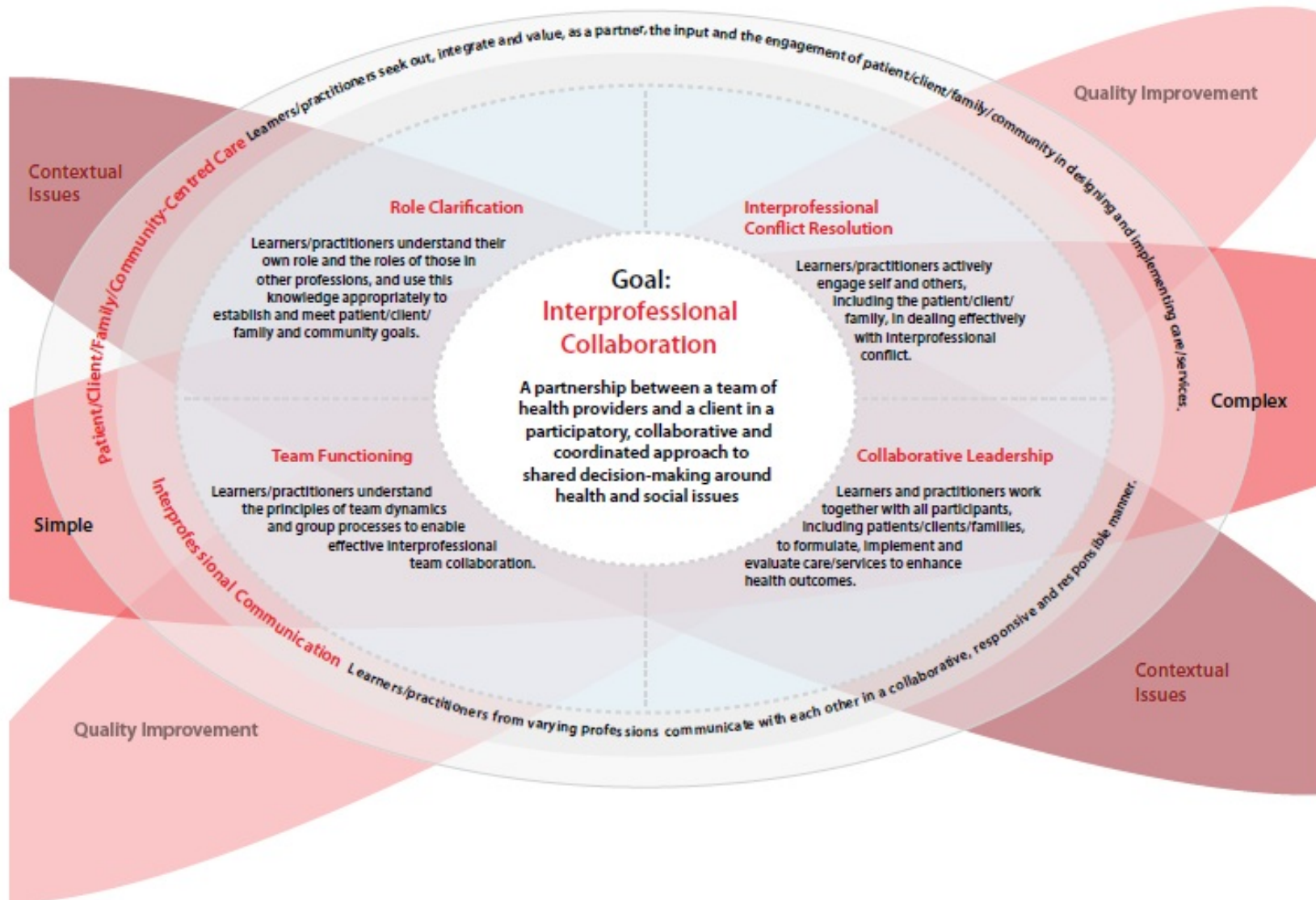




# Canadian Alliance of Physiotherapy Regulators

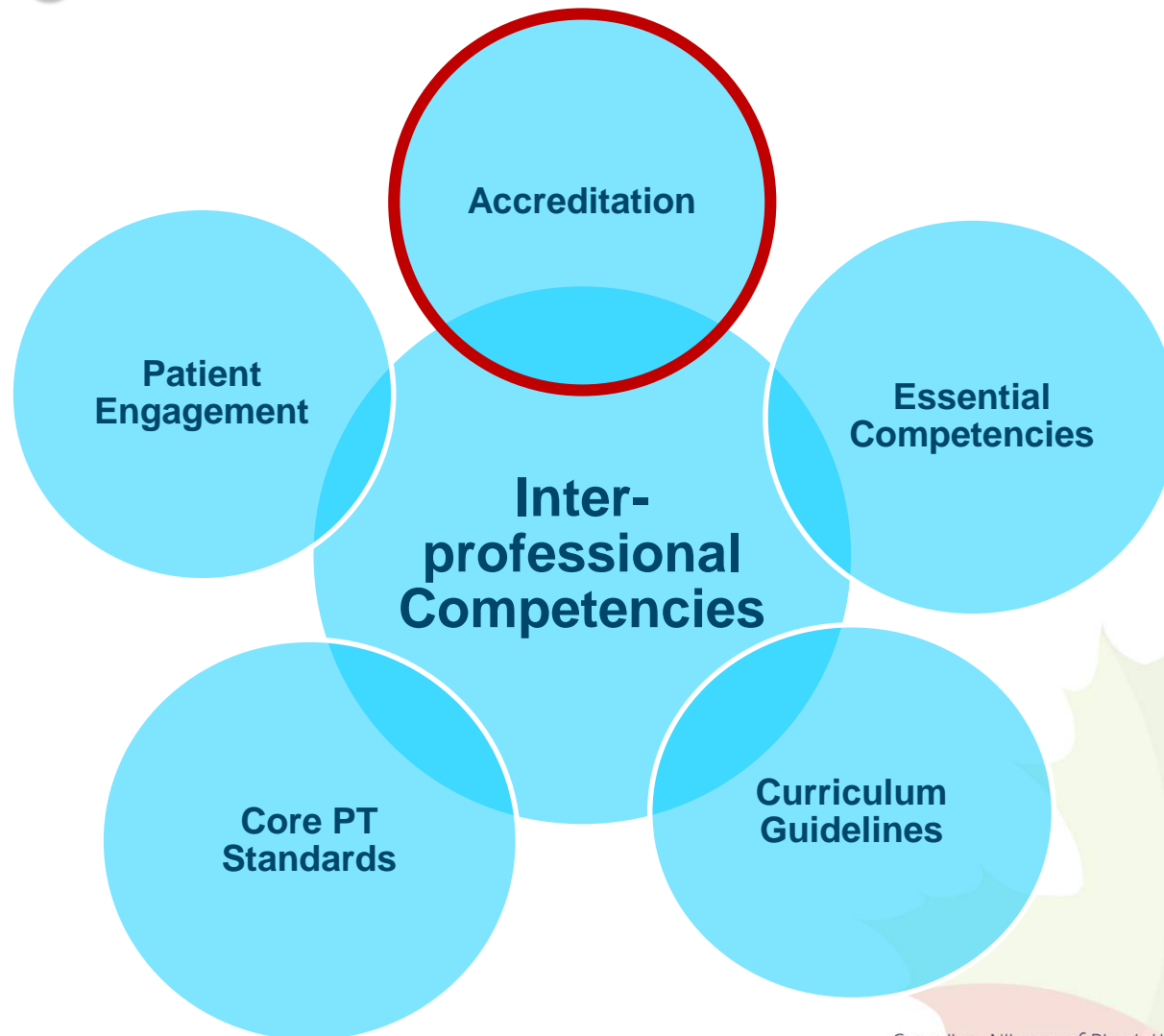
- Registrars' Committee: policy mandate
  - includes collaboration to promote consistency in regulatory policy across all jurisdictions
  - leverage other work in Canada to support this mandate

# NATIONAL INTER-PROFESSIONAL COMPETENCIES FRAMEWORK





# Building the foundation





# Accreditation standards

## 1) *Collaboration:*

The program prepares students for collaborative practice to support quality client centered care.

Establish and maintain inter-professional relationships, which foster effective collaborative practice.

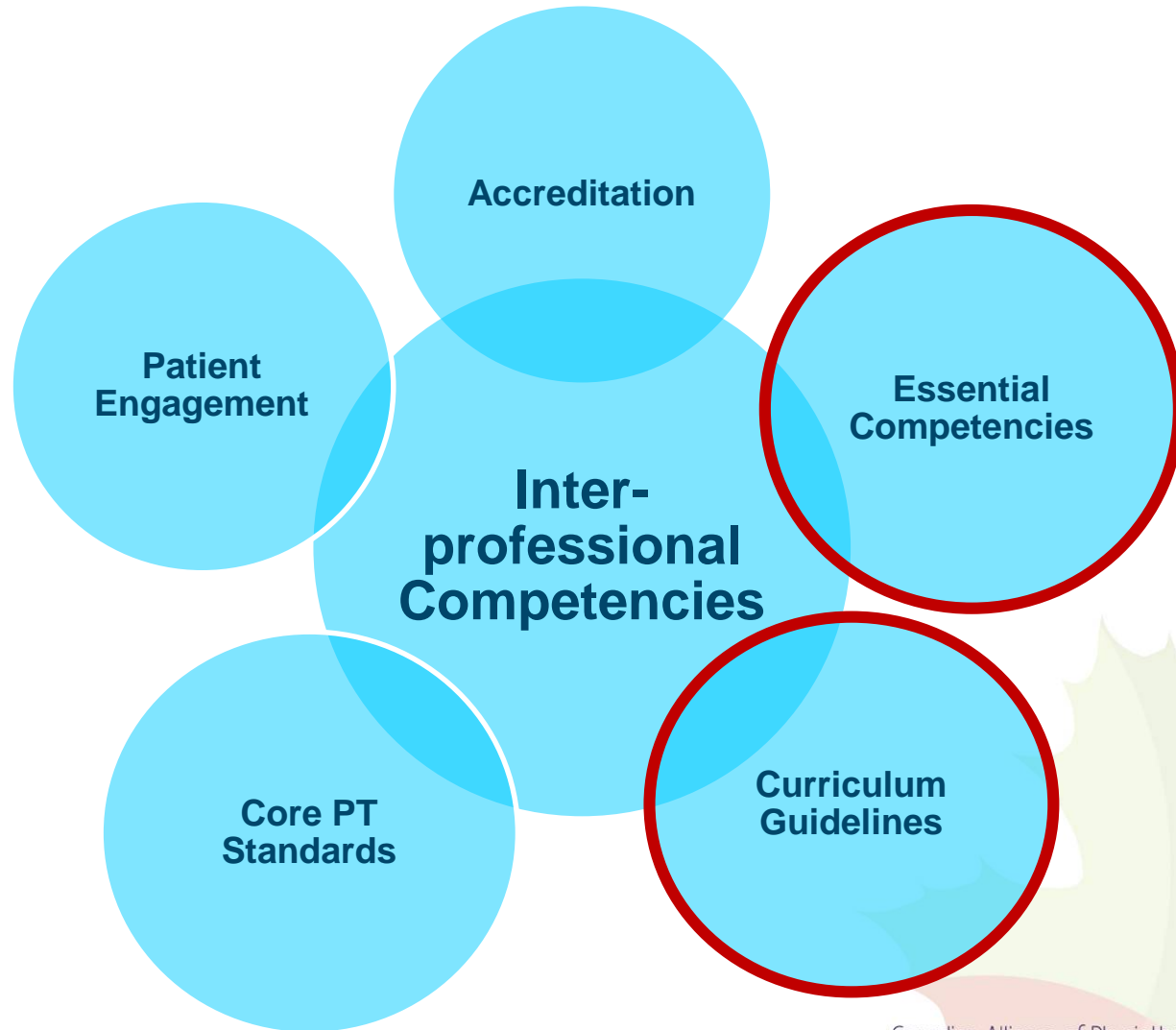
## 2) *Advocacy:*

The program prepares students to responsibly use their knowledge and expertise to promote the health and well-being of clients.

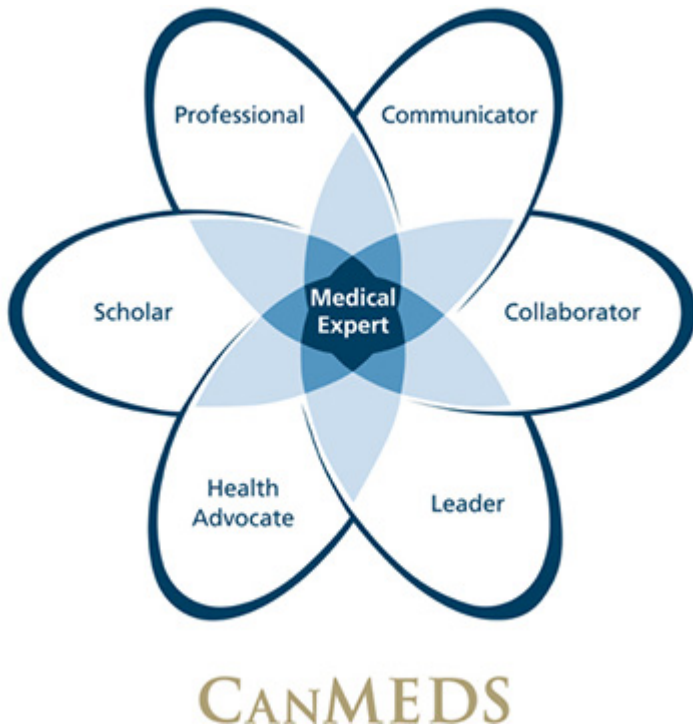
Work collaboratively to identify, respond to, and promote the health needs and concerns of clients.



# Building the foundation



# Essential Competency Profile



## Physiotherapist Roles (2009)

1. Expert
2. Communicator
3. Collaborator
4. Manager
5. Advocate
6. Scholarly Practitioner
7. Professional

## Competency Domains (2016+):

1. PT Expertise
2. Communication
3. Collaboration
4. Management
5. Leadership
6. Scholarship
7. Professionalism

(draft)



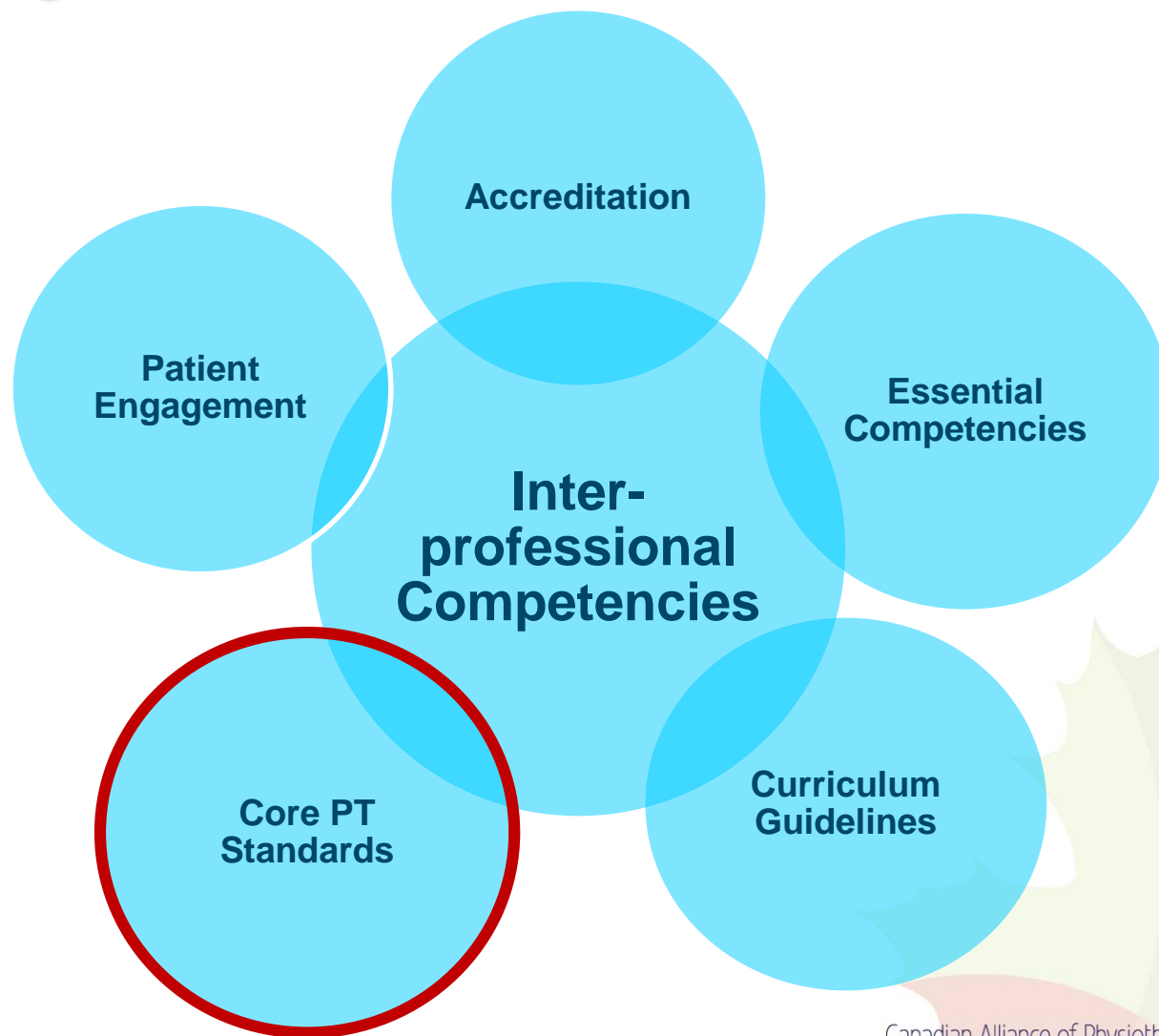
# Essential Competencies

**Communicator:** Physiotherapists use effective communication to develop professional relationships with clients, families, care providers, and other stakeholders.

**Collaborator:** Physiotherapists work collaboratively and effectively to promote inter-professional practice and achieve optimal client care &

**Advocate:** Physiotherapists responsibly use their knowledge and expertise to promote the health and well-being of individual clients, communities, populations and the profession.

# Building the foundation





# Regulation: Standards of Practice

- Set out minimum performance expectations of registered physiotherapists
- 20 standards
  - Client-centred care
  - Collaborative practice
  - Communication
  - Competence



# Standard: Client-Centred Care

- *The physiotherapist integrates a client-centred approach in all aspects of physiotherapy service delivery.*
- Expected Outcome: Clients can expect that they will be treated respectfully and their input will be valued, acknowledged, and integrated into all aspects of physiotherapy service delivery.



# Performance Expectations

## The physiotherapist:

- Treats clients in a manner that recognizes and appreciates their autonomy, uniqueness, goals, and self-worth at all times.
- **Involves clients in decision-making regarding their care, respecting their independence and right to refuse or withdraw from treatment at any time.**
- Communicates with clients to: facilitate their understanding of the care plan and how it addresses their goals; outline the risks and benefits of services; and obtain consent.
- Monitors clients' responses throughout service delivery, adjusting and modifying interventions/approaches as required, and continues to obtain ongoing consent.
- Treats all clients with compassion, respect, and dignity throughout the course of their care.



# Standard : Collaborative Practice

- *The physiotherapist promotes collaborative practice with clients , health care team members, and other stakeholders to support the delivery of integrated, quality, client-centred care.*
- Expected Outcome: Clients can expect that the physiotherapist collaborates effectively with others to promote integrated client-centred care.



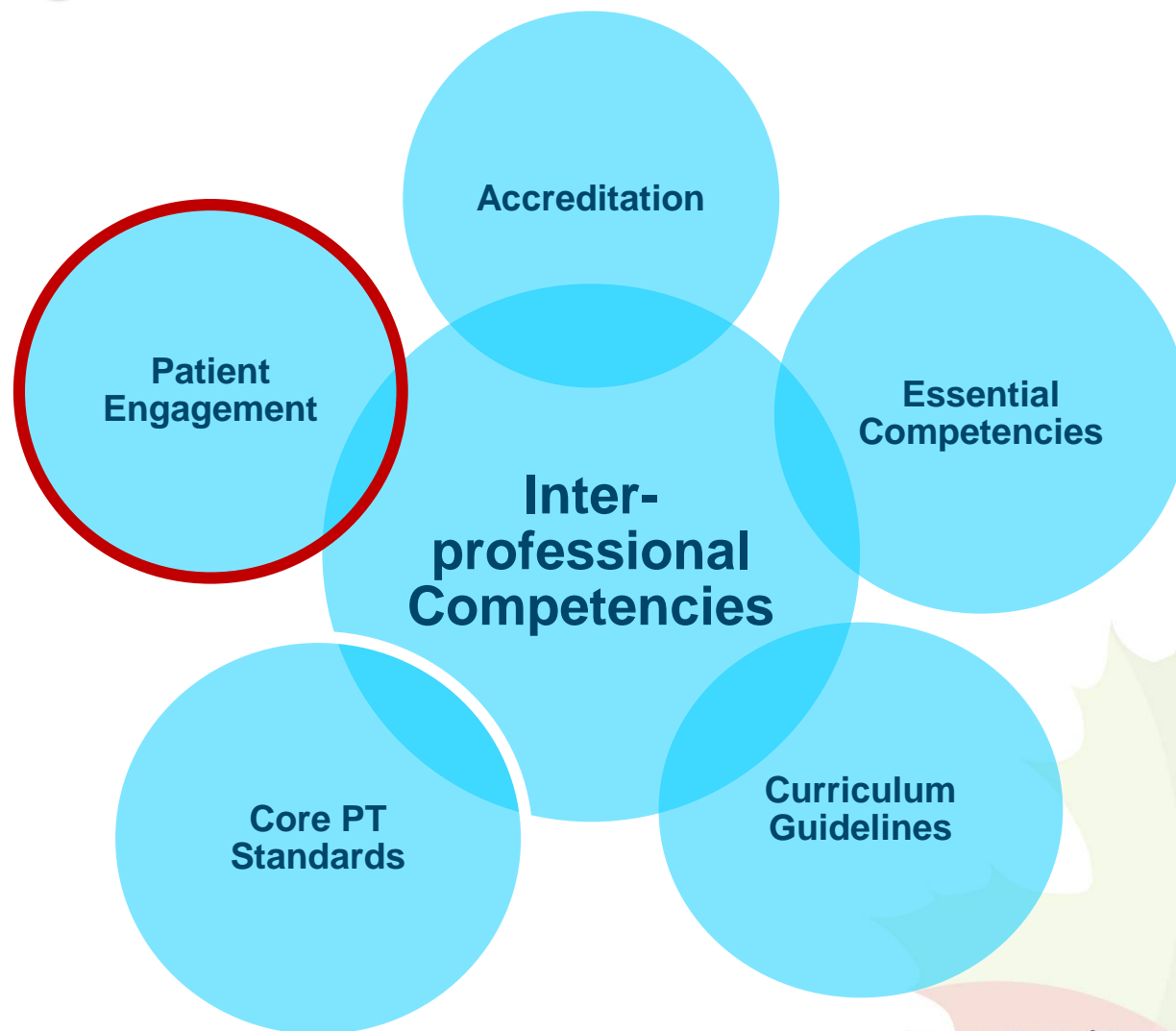
# Performance Expectations

## The physiotherapist:

- Works collaboratively with clients, health care team members, and other stakeholders to promote shared decision-making and integrated client-centred care.
- Uses shared leadership and conflict resolution strategies to resolve/accept differences and optimize effective team collaboration.
- Communicates effectively, obtaining consent and maintaining confidentiality with clients, team members, and other stakeholders at all times.
- Shares information with clients, team members, and other stakeholders about the roles and responsibilities of physiotherapists in client-centred care.
- Consults with/refers to the appropriate team member when aspects of clients' goals are best addressed by another provider.

IPC	Accreditation	Essential Competencies	Regulatory Standards
Collaborative leadership	Collaboration	Collaborator	Collaborative Practice
Client/patient/family /community centred care	Advocacy	Advocate/Leader	Client-centred care
Inter-professional communication Inter-professional conflict resolution		Communicator	Communication
Role Clarification		Expert	Competence
Team functioning		Collaborator, expert	Collaboration

# Building the foundation





# Patient Engagement

- how do we engage patients in shared decision making that supports quality of care?
- How do we know if we're making a difference?

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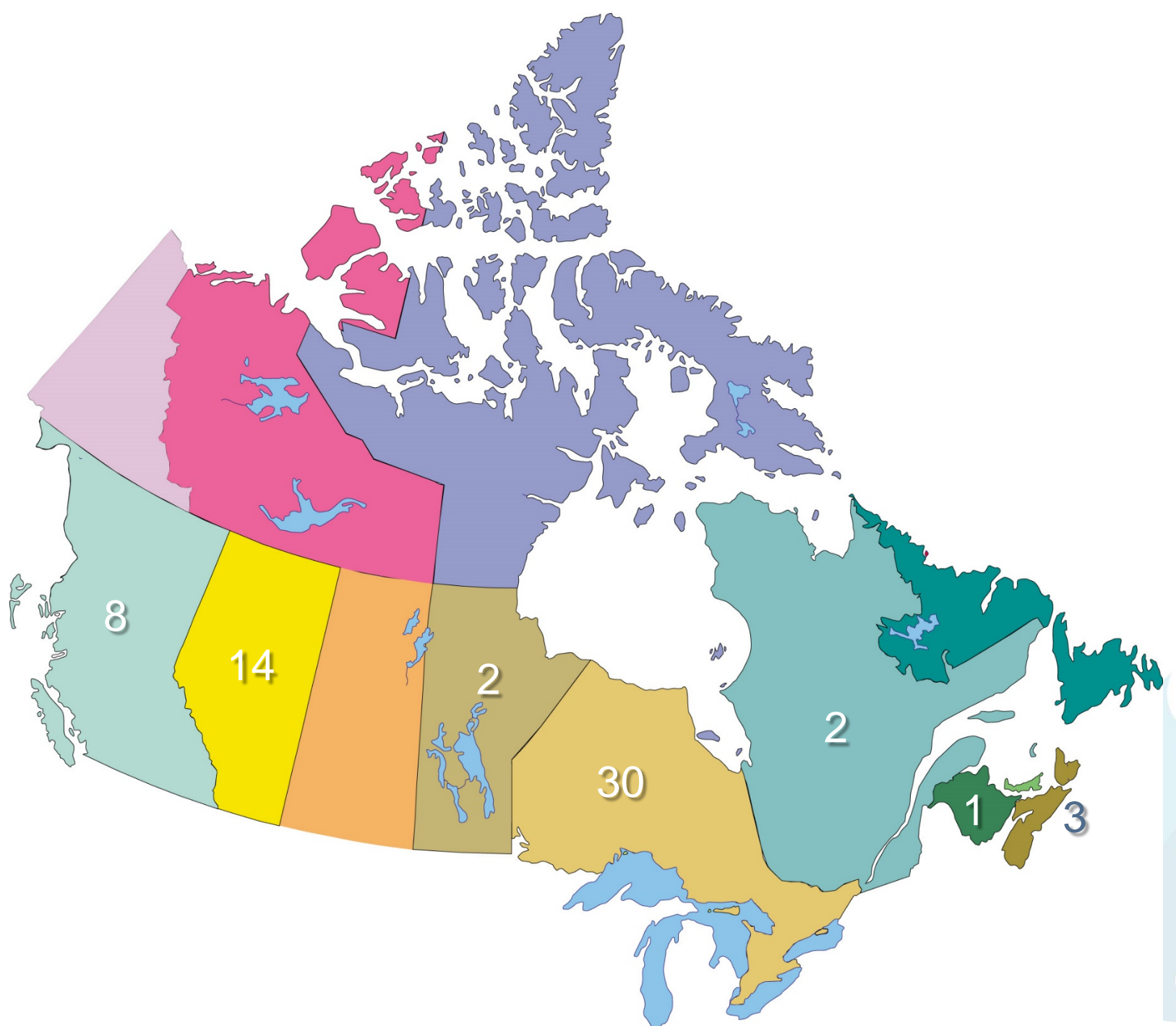
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Focus On Therapeutic Outcomes



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- Initial Functional Status
- Predicted Goal Status
- Discharge Functional Status
- Risk adjusted for specific clinical area of practice – e.g., muskulo-skeletal, general medical, pelvic floor





# So in the end...

**'Alone we can do so little; together we can do so much'**

Helen Keller



**[www.alliancept.org](http://www.alliancept.org)**